

Physical Education Statement of Intent

Ashleworth C of E and Churcham Primary Schools



Physical Education Statement of Intent

Physical Education allows children to explore and develop their physical literacy enabling them to support their overall physical and mental wellbeing and, in an ever changing world, where activity levels are decreasing it is a vital part of our school curriculum. During their time at Ashleworth Church of England or Churcham Schools, children are given regular opportunities to explore and develop these skills through a creative, engaging and challenging PE curriculum. Skills and techniques are taught progressively to ensure that all children are able to learn and practise in order to develop as they move through the school.

The curriculum design allows exposure to the Fundamental movement skills for EYFS and Key Stage 1 and then, a varied curriculum for Key Stage 2, including Invasion Games, Striking and Fielding, Net and Wall, Gymnastics and Dance. Throughout the Key Stages, children are given opportunities to explore different themes, skills and topics to help develop their knowledge, confidence and ability.

Throughout the Key Stages, children's experience of Physical Education is enriched by finding out about personal health and fitness, experiencing new sports and being provided with opportunities to play competitive fixtures against other schools.

Subject Aims

- We aim to inspire and engage children's interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community
- We aim to foster children's interest in physical wellbeing and healthy lifestyles in order to establish long lasting lifestyle messages
- We aim to promote our school values through sports and positively encourage children to share, respect, support, trust and work together

Curriculum Aims

- To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising
- To develop the ability to work as a team player, taking the lead and learning to work collaboratively with others
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being

Curriculum Planning and Organisation

- Each class is timetabled so that they have regular access to indoor provision
- The playground areas, field and woodland are used to facilitate activities such as outdoor activities and games
- Teaching staff deliver high quality PE activities/lessons for 1.5-2 hours per week
- Swimming lessons are provided by GL1 in Gloucester
- After school sessions, include a range of sports clubs for all children with a different focus each term
- Lunch time clubs, provide focussed activities for KS2/KS1/EYFS children helping to establish healthy lifestyles
- Through our participation in the School Games, children are all given regular opportunities to participate in school competitive sporting activities

Impact:

By the time a child leaves Ashleworth Church of England or Churcham Primary School they will:

- Represent the school at, at least one sporting event
- Develop the tools and knowledge to lead a healthy lifestyle and have a good understanding of what this looks like – why PE and School Sport is important
- The ability to work with others, in a team environment, as well as individually
- Have a broad range of knowledge for a variety of sporting activities and games
- Have transferable skills across the curriculum through Sport/PE
- The ability to identify tactics and gameplay within a range of sporting activities and games
- Have developed their fundamental movement skills and applied these through a wide range of sporting activities/games
- Reflect on, analyse and critically evaluate their own work and that of others
- Have a passion for the subject and to continue being physically active
- Be confident performers and have confidence in their own ability